

## STAFF BIOGRAPHIES

### **KEVIN A. MALONE, MD, MBA**

Graduated from Georgetown University in 1975 with a Bachelor's Degree in Biology and from Mayo Medical School in 1979. Residency at St. Vincent's Health Center in Erie, Pennsylvania in 1982. He has been in practice in Chula Vista since 1982. He completed his Masters in Business Administration at SDSU in 1993. He is board certified with the American Board of Family Practice and has special interests in Preventive, Alternative, Sports, and Administrative Medicine.

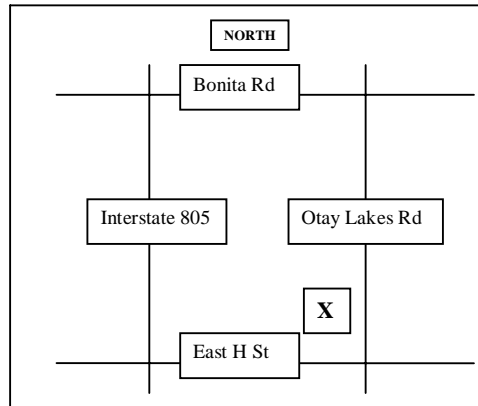
### **BELEN M. SARWACINSKI, N.P.**

Graduated from San Diego State University in 1982 with a Bachelor of Science in Nursing and from the University of Phoenix in 1999 with a Master of Science in Nursing. She earned a Family Nurse Practitioner certificate from UCSD in May 2000. Her special interests include Pediatrics, Patient Education, Preventive, and Geriatric Medicine.

**\* SAVE TIME & HASSLE !**

**E-MAIL US FOR NON-EMERGENCY APPOINTMENTS, QUESTIONS, PHARMACY REFILLS, & LAB RESULTS**  
[christina@cvfamilymed.com](mailto:christina@cvfamilymed.com)

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[cvfamilymed.com](http://cvfamilymed.com)



## **PATIENT INFORMATION**

**You can help us accomplish our goal of providing excellent medical care in a caring environment, with efficiency.**

The specialty of Family Medicine strives to provide for most of the general medical needs of the family including the care of children (Pediatrics), women (Gynecology), and seniors (Geriatrics).

Besides caring for illnesses, we stress preventive medicine. We believe that many problems can be avoided or cured, if found early. Examples include well childcare and immunizations for children, regular breast and pelvic exams for women, and blood pressure control to prevent heart attacks and strokes in seniors.

Referrals to other doctors and surgeons are made when additional evaluations or opinions are needed.

If you need to be hospitalized, you will be referred to the hospitalist team at Sharp Chula Vista Medical Center. The hospitalists are a new type of specialists that are based in the hospital to improve the quality and access of care. They will call in additional specialists, as needed, depending upon a particular problem.

## **FAMILY & PREVENTIVE MEDICAL CENTER OF CHULA VISTA**



- **Kevin A. Malone, MD, MBA**
- **Also :**
- **Belen M. Sarwacinski, NP**

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**( see map on back )**

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**Office Hours**

Mon. – Fri. 8:30 a.m.- 5:00 p.m.

**Extended Hours**

Wed. 8:30 a.m.- 8:00 p.m.

(3rd Wed. of the month)

Sat. 8:30 a.m.- 1:00 p.m.

(Twice a month)